



**SPS**

SOUTHERN PAIN SOCIETY

# 2024 38<sup>TH</sup> ANNUAL PAIN MANAGEMENT CONFERENCE

THE WESTIN | NEW ORLEANS  
SEPTEMBER 20-22, 2024

JOINTLY PROVIDED BY

**SPS**

**Ochsner**  
Continuing Medical  
Education



**SPS**

Southern Pain Society  
38<sup>th</sup> Annual Meeting  
September 20-22, 2024

This conference is being provided in 2 separate segments. We will have a 1/2 day Pre-Conference with 3 speakers on Medical/Legal Risks and Mitigation Strategies and then the Main Conference follows with 16 speakers over 2 days. We will be covering a large variety of pain management conditions, diagnoses, treatments, pharmacological, non-pharmaceutical and interventional modalities.

The curriculum is intended for participants with fundamental as well as advanced knowledge of chronic pain and will cover a wide variety of talks including VR, Fibromyalgia, Interventional Talks, Pain and Obesity, Patient Interviewing, PT, Disparities in Opioid Use Disorder, Difficult and Violent Patients, Sleep and Pain, the Role of PA's, Medication Management and much more. We will address personalized care for the patient and center on clinical decision making that requires the latest scientific knowledge and techniques.

## LEARNING OBJECTIVES

At the conclusion of this live activity, participants should be able to:

1. Review common legal issues and mitigation strategies in pain clinics.
2. Discuss the utilization of Virtual Reality in Pain Management
3. Determine the diagnosis, *mechanistic subtypes* and the 'precision' treatment for Fibromyalgia
4. Outline the process for motivational interviewing.
5. Review multimodal and polypharmacy best practices for medication management.
6. Define ways to de-escalate violence and other adverse situations in the pain clinic.

## LEARNING OUTCOME

Participants of this conference will gain in knowledge related to contemporary treatment modalities as well as the complex impact that health care has on pain management.

## THE SOUTHERN PAIN SOCIETY - *join and save!*

The Southern Pain Society (SPS) was established in 1986. The Southern Pain Society's mission is to serve people with pain by advancing research and treatment and to increase the knowledge and skill of the regional professional community.

Visit [www.southernpainsociety.org](http://www.southernpainsociety.org) to join and take advantage of the discounted registration fee.

## POSTER PRESENTATIONS

Each year, we host a poster session where professionals and learners can showcase their research and projects. Posters can be clinically or research oriented. Please see the SPS website at [www.southernpainsociety.org](http://www.southernpainsociety.org) for details on submission.

Abstracts are due by August 30, 2024

## PROGRAM AGENDA

### FRIDAY SEPT 20 | PRE CONFERENCE: MEDICAL LEGAL RISKS AND MITIGATION STRATEGIES

- 8:30-8:40 Welcome  
Top Legal Risks for Pain Practitioners -  
8:40-9:40 What Do I Need to Worry About?  
*Barry Straus, MD, JD*
- 9:40-10:40 Pain Rules and Professional Conduct  
*Michael C. Francis, MD*
- 10:40-11:10 Break
- 11:10-12:10 Legal and Policy Advocacy for Systems Change  
*Kate M. Nicholson, JD*
- 12:10-1:00 Sponsored Lunch Talk TBD

### FRIDAY SEPT 20 | MAIN CONFERENCE

- 1:00-1:10 Welcome
- 1:10-2:00 Utilization of VR in Pain Management  
*Maged Guirguis, MD*
- 2:00-2:50 Fibromyalgia: Diagnosis, Mechanistic Subtyping  
and Precision Treatment  
*David A. Williams, PhD*
- 2:50-3:20 Break
- 3:20-4:10 Spinal Cord Stimulation: Best Practices  
*B. Todd Sitzman, MD, MPH*
- 4:10-5:00 Surviving Medicare Audits  
*David Vaughn, Esq, CPC*
- 5:00-5:45 Poster Presentations
- ### SATURDAY SEPT 21
- 7:00-8:00 Breakfast
- 8:00-8:10 Welcome and Agenda Review
- 8:10-9:00 The Hidden Power of the Vagus Nerve  
*Peter Staats, MD, MBA*
- 9:00-9:50 Harnessing Biophysical and Electrophysical Energies for a  
Transformative Approach to Pain Management:  
An Evidence Based Review  
*David Levine, DPT, PhD*
- 9:50-10:20 Break
- 10:20-11:10 Exploring the Intertwined Relationship of Pain and Obesity  
*Ann Quinlan-Colwell, PhD, CNS RN-BCPGMT*
- 11:10-12:00 A Morbidly Obese Patient in Pain: Navigating Pain  
Management Options  
*Thomas Davis, MD*
- 12:05-1:15 Sponsored Lunch Talk  
*TBD*

- 1:15-2:05 Motivational Interviewing: A Tool to Promote Health and  
Self -Management in Patients with Pain  
*Patricia Bruckenthal, PhD*
- 2:05-2:55 Physiology and Treatment of Migraines  
*Olivia Begasse de Dhaem, MD*
- 2:55-3:25 Break
- 3:25-4:15 Difficult Conversations: Violence in the Pain Clinic and  
Practical  
Tips to De-escalate Charged Encounters.  
*Mercy Udoji, MD, CMQ, FASA*
- 4:15-5:05 Disparities in Managing Opioid Use Disorder  
*Yele Aluko MD, MBA*
- 5:05-5:30 Business Meeting
- 5:00-6:00 Reception

### SUNDAY SEPT 22

- 7:00-8:00 Breakfast
- 8:00-8:10 Welcome
- 8:10-9:00 The Reciprocal Relationship between Pain and Sleep  
*Jonathan Cole, PhD*
- 9:00-9:50 Discogenic Low Back Pain and Current Management  
*Thomas J. Myers, MD*
- 9:50-10:10 Break
- 10:10-11:00 Multimodal vs. Polypharmacy Medication Management  
*Tanya Uritsky, PharmD*
- 11:00-11:50 The Role of PAs in a Pain Practice  
*Jeremy A. Adler, DMSc, PA-C*
- 11:50-12:00 Closeout

### CREDITS

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements of the Accreditation Council for Continuing Medical Education through the joint providership of Ochsner Clinic Foundation and the Southern Pain Society. The Ochsner Clinic Foundation is accredited by the ACCME to provide continuing medical education for physicians.

**Designation:** The Ochsner Clinic Foundation designates this live activity for a maximum of 17 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nursing Contact Hours:** This activity has been submitted to Louisiana State Nurses Association – Approver for approval to award contact hours. Louisiana State Nurses Association – Approver is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation. ANCC Approver A0110.



## PROGRAM FACULTY

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### David A. Williams, PhD

Professor of Anesthesiology, Internal  
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and Psychology  
Associate Director, Chronic Pain and  
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University of Michigan  
Ann Arbor, MI

## PLANNING COMMITTEE

Harry J. Gould, III, MD, PhD

*Conference Chair*

Thomas E. Davis, MD

R. Norman Harden, MD

Lori H. Postal RN, MHA

Ann Quinlan-Colwell, PhD, CNS

Randolph Roig, MD

Eric Royster, MD

Alethia Sellers, MD

Barry Straus MD, JD

Kristin Tschirn MS, CHCP

James Weisberg, PhD

## REGISTRATION & CANCELLATION FEES

There are separate fees for the Pre Conference and the Main Conference. Your fees include course materials, continental breakfasts, coffee breaks, lunches, a reception and other amenities involved in creating a comfortable and rewarding learning experience. A maximum enrollment has been set, so early registration is highly recommended.

Written cancellations received by August 30th will receive a full refund. Cancellations received between three weeks and 72 hours prior to the program date will receive a 60% refund. No refunds will be given for cancellations received within 72 hours of the meeting, although substitutions will be permitted.

**Have a question?** Kristin Tschirn  
Ktschirn@ochsner.org  
(504) 842-6596

**Fax Registration:** (504) 842-8287

**On-line Registration:** See the link to register on [southernpainsociety.org](https://southernpainsociety.org)

**Mail Registration:** Kristin H. Tschirn, MS, CHCP  
Director, Continuing Medical Education  
1401-A Jefferson Hwy  
New Orleans, LA 70121

Ochsner respectfully requests that payment be made at time of registration. This facilitates easy and quick check-in at the conference.

### ADA Statement

If you need any of the auxiliary aids or services identified in the American with Disabilities Act in order to attend this course, please contact Kristin Tschirn at (504) 842-6596.

## LOCATION & ACCOMMODATIONS

**WE HEARD YOU!** This year our conference will move to:

### The Westin New Orleans

100 Iberville Street | New Orleans, LA 70130 | Phone: (504) 566-7006

Situated on Canal Street and soaring above the Mississippi River, The Westin New Orleans invites you to experience the famous French Quarter. The Waterfront hotel in New Orleans is your ideal perch on top of The Shops at Canal Place, and only steps away from the boutique shops at Royal Street and eateries at Bourbon Street. Dine on-site in the Bistro at the Bend, our restaurant and Observatory 11 bar, with signature breakfast, lunch and dinner options.

### Reservations

A limited block of rooms has been reserved at the Westin New Orleans for reservations received by August 30th. If you wish to make reservations, please use the link on the [southernpainsociety.org](https://southernpainsociety.org) home page, or call (855) 627-8180 #1 and use the code SSP.

The room block is September 20 – 22 and we have a discounted rate of \$229++ per night. If you wish to come early or stay later, the same rate will apply for 3 days before and after the conference if the hotel has space. If you get an error message when booking electronically, select the September 20 – 22 room block and then call or email Justice McGuffey at (504) 553-5020 or [jmcguffey@westinnorleans.com](mailto:jmcguffey@westinnorleans.com).





Southern Pain Society  
 38<sup>th</sup> Annual Meeting  
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**EARLY REGISTRATION | 3 OPTIONS**

- 1 | Scan the QR code to register!
- 2 | Use the link on the [southernpainsociety.org](http://southernpainsociety.org) website
- 3 | Complete this form and mail it.



Name \_\_\_\_\_

Credentials \_\_\_\_\_

Specialty \_\_\_\_\_

E-mail Address \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_

**Pre Conference**

Pre Conference: \$150

**Main Conference**

**Southern Pain Society Members**

- \$455 Doctoral (MD, DO, PhD, etc.)
- \$395 Non Doctoral (RN, PA, etc.)
- \$90 Learner

**Southern Pain Society Non Members**

- \$535 Doctoral (MD, DO, PhD, etc.)
- \$465 Non Doctoral (RN, PA, etc.)
- \$120 Learner

**Late Registration after September 8<sup>th</sup> will be an additional \$50**

- Check is enclosed (made payable to Ochsner)
- Credit card

Account # \_\_\_\_\_

Exp \_\_\_\_\_ Code on back of card \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

Send completed registration form to: Kristin H. Tschirn, MS, CHCP  
 Director, Continuing Medical Education  
 1401-A Jefferson Hwy, New Orleans, LA 70121