

Southern Pain Society 37th Annual Meeting September 29 - October 1, 2023

If you are mailing or faxing this form, please create or update your account at www.SEAHEC.net.

Scan the QR code to register!



# **REGISTRATION FORM**

Credentials			
PIN#	(4 digits of your choosing that you will use on the SEAHEC website.)		
Specialty			
E-mail Address			
Address			
City	State Zip		
Home #	Work #		
EARLY REG	ISTRATION		
Southern Pain Socie			
\$395 Doctoral Level (MD, DO, PhD)			
\$335 Non – Doctoral Level (NP, PA, RN)			
_	t/Fellow/Resident		
Non-Southern Pain S			
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<del>_</del>	\$475 Doctoral Level (MD, DO, PhD)  \$405 Non – Doctoral Level (NP, PA, RN)		
	t/Fellow/Resident		
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_	er September 15, 2023 will be an additional \$50		
☐ Check is en	closed (made payable to SEAHEC)		
Credit card	info provided (Mastercard or Visa only)		
Account #			
Exp	Code on back of card		
Name on Card			

Send completed registration form to: Angie Papach 2511 Delaney Avenue | Wilmington, NC 28403

Register online at www.SEAHEC.net/courses-and-events/70887 or www.southernpainsociety.org

# REGISTRATION & CANCELLATION FEES

Registration fee for the conference includes course materials, continental breakfasts, coffee breaks, lunch and a reception on Saturday, and other amenities involved in creating a comfortable and rewarding learning experience. A maximum enrollment has been set, so early registration is highly recommended.

Written cancellations received by September 8, 2023 will receive a full refund. Cancellations received between three weeks and 72 hours prior to the program date will receive a 70% refund. No refunds will be given for cancellations received within 72 hours of the meeting, although substitutions will be permitted.

Have a question?: Angie Papach

angela.papach@seahec.net

910 667-9340

Fax Registration: 866 734-4405

On-line Registration: www.SEAHEC.net/courses-and-events/70887

Mail Registration: SEAHEC

ATTN: Angie Papach 2511 Delaney Avenue Wilmington, NC 28403

SEAHEC respectfully requests that payment be made at time of registration. This facilitates easy and quick check-in at the conference.

# ADA Statement

If you need any of the auxiliary aids or services identified in the American with Disabilities Act in order to attend this course, please contact Angie Papach at 910 667-9340.

# **LOCATION & ACCOMMODATIONS**

## **Astor Crowne Plaza**

739 Canal St. at Bourbon 504-962-0500 www.astorneworleans.com

A Four Diamond New Orleans Luxury Hotel, Radiating Elegance. Situated amid one of the country's most exhilarating cities, Astor Crowne Plaza New Orleans features a wealth of lavish conveniences that make it a vacation destination of its own. Indulge in delicious Creole specialties and decadent desserts at Dickie Brennan's Bourbon House and Beyond, conveniently stationed within our ideally-located French Quarter hotel. You may also enjoy a relaxing dip in our sparkling swimming pool.

## Reservations

A limited block of rooms has been reserved at the Astor Crowne Plaza New Orleans for reservations received by September 14, 2023. If you wish to make reservations, please call 877-408-9661 and refer to the Southern Pain Society to receive the special rate of \$185 per night (+ state and local taxes). Room blocks fill quickly; we encourage you to make your reservations as soon as possible. Alternatively, you can book using the hotel link on the home page of www.southernpainsociety.org

Day Valet parking is available for \$20 per day.







SOUTHERN PAIN SOCIETY 37<sup>TH</sup> ANNUAL MEETING

# №2023 ANNUAL MEETING

Astor Crowne Plaza · New Orleans Sept. 29 - Oct. 1



jointly provided by









This conference will address the disparities in pain management and the unequal burden of care based upon location, education and access across the continuum of primary and specialty care including pharmacological, non-pharmacological and interventional modalities.

The curriculum is intended for participants with fundamental as well as advanced knowledge of chronic pain. The focus of the meeting will cover the following clinical topics: Pharmacological treatments and interventional management of headaches, peripheral nerve pain, pelvic pain, geriatrics, substance use disorder, spinal surgery, trigeminal neuralgia and non-operative intraarticular pain treatment.

#### LEARNING OBJECTIVES

At the conclusion of this live activity, participants should be able to:

- 1. Discuss the disparities and unequal burden of chronic pain management related to urban, academic, rural, and hard-toreach settings, as well as education literacy.
- 2. Identify psychotropic and psychedelic medications that affect nociceptive processing and may have a role in pain management.
- 3. Outline the etiology, diagnosis, medical, and physical therapy management of patients with pelvic pain.
- Define the non-operative options for intraarticular pain treatment.
- 5. Review spinal surgery referrals and gain a better understanding of when to perform a laminectomy and/or a spinal fusion, as well as when to perform spinal cord stimulation.

#### LEARNING OUTCOME

Participants of this conference will assess a gain in knowledge related to contemporary treatment modalities as well as the complex impact that health care disparities has on pain management.

# THE SOUTHERN PAIN SOCIETY - join and Save!

The Southern Pain Society (SPS) was established in 1986. The Southern Pain Society's mission is to serve people with pain by advancing research and treatment and to increase the knowledge and skill of the regional professional community.

Visit www.southernpainsociety.org to join and take advantage of the discounted registration fee.

#### **POSTER PRESENTATIONS**

Each year, we host a poster session where professionals and learners can showcase their research and projects. Posters can be clinically or research oriented. Please see the SPS website at www.southernpainsociety.org for details on submission.

Abstracts are due by September 1, 2023

## PROGRAM AGENDA

#### FRIDAY, SEPTEMBER 29, 2023

1:15 - 2:15 Interdisciplinary vs. Multidisciplinary Treatment Strategies in Urban, Academi Rural Environments R. Norman Harden, MD	c and
Managing Chronic Pain in the Substance 2:15 - 3:15 Disorder Patient: Theory and Practice. Sudheer Potru, DO	• Use
3:15 - 3:45 Break	
Migraine Mimics: Is That Headache Res 3:45 - 4:45 a Migraine? Carol Redillas, MD	ally

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SATURDAY, SEPTEMBER 30, 2023		
7:00 - 8:00	Breakfast	
8:00 - 8:10	Welcome and Agenda Review Harry J. Gould III, MD, PhD	
8:10 - 9:10	Keynote Address: The Unequal Burden of Pain: A Selective Review Examining the Genesis of Social Inequities And Unheard Voices Carmen R. Green, MD	
9:10 - 10:10	Cognitive-Behavioral Approaches for the Hard-to-Reach Patient and Disparity with Pain: Issues of Education Literacy Beverly E. Thorn, PhD	
10:10 - 10:40	Break	
10:40 - 11:40	Cannabis and Psychedelics for Pain Management: The Long Strange Trip Continues Kevin Boehnke, PhD	
11:50 - 12:50	Sponsored Lunch Talk	
1:00 - 2:00	Female Chronic Pelvic Pain -Etiology, Diagnosis and Medical Management Coleen M. Fitzgerald, MD, MS	
2:00 - 3:00	Pelvic Pain from the PT Perspective Nicole Woods, PT, MS	
3:00 - 3:30	Break	
3:30 - 4:30	Beating the Pain of Aging: New Understandings and Possibilities  Amber K. Brooks, MD, MS	
4:30 - 5:00	Business Meeting	
5:00 - 6:00	Poster Presentations	



#### **PROGRAM AGENDA**

#### **SUNDAY, OCTOBER 1, 2023**

7:00 - 8:00	Breakfast
8:00 - 8:10	Welcome and Review of the Day James Weisberg, PhD
8:10 - 9:10	Spinal Surgery: When to Refer, Perform Laminectomy and/or Fusion, or Spinal Cord Stimulation Erin E. Biro, MD
9:10 - 10:10	Peripheral Nerve Stimulation Denise D. Lester, MD
10:10 - 10:25	Break
10:25 - 11:25	Trigeminal Neuralgia Aaron S. Dumont MD, MBA
11:25 - 12:25	Non-Operative Intraarticular Pain Treatment R. Amadeus Mason, MD
12:25 - 12:40	Closing Remarks



#### **CREDITS**

Continuing Medical Education Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of SEAHEC (South East Area Health Education Center) and the Southern Pain Society. SEAHEC is accredited by the NCMS to provide continuing medical education for physicians.

Credit Designation: SEAHEC designates this live activity for a maximum of 14.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **Nursing Contact Hours: Up to 14.0**

South East Area Health Education Center (SEAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited provider approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend 90% of the activity to receive credit.

#### Contact Hours: Up to 14.0

SEAHEC designates this live continuing education activity as meeting the criteria for 14.0 contact hours.

#### **PROGRAM FACULTY**

Erin E. Biro, MD

Assistant Professor Clinical Neurological Surgery Tulane School of Medicine New Orleans, LA

Kevin Boehnke, PhD

Research Investigator: Director of Controversial Compounds Department of Anesthesiology University of Michigan Ann Arbor, Michigan

Amber K. Brooks, MD, MS

Associate Professor Anesthesiology Wake Forest Baptist Medical Center Winston-Salem, NC

Aaron S. Dumont, MD, MBA

Professor and Chair of Neurosurgery **Tulane University** New Orleans, LA

Coleen M. Fitzgerald MD. MS

Professor, Female Pelvic Medicine and Reconstructive Surgery Loyola University Chicago Stritch School of Medicine Maywood, Illinois

Carmen R. Green, MD

Dean and Bert Brodsky Chair City College of New York School of Medicine New York. New York

R. Norman Harden, MD

Professor Northwestern University Athens, Georgia

Denise D. Lester, MD

Director, Peripheral Nerve Stimulation Program VA Medical Center Richmond, VA

R. Amadeus Mason, MD

Assistant Professor Orthopedics and Family Medicine **Emory University** Dunwoody, Georgia

Sudheer Potru, DO

Opioid Clinic Atlanta VA Health System Assistant Professor, Department of Anesthesiology Emory University School of Medicine

Director, Complex Pain and High-Risk

Carol Redillas, MD

Crescent City Headache and Neurology Chalmette, LA

Beverly E. Thorn, PhD

Department of Psychology University of Alabama Tuscaloosa, Alabama

Nicole Woods, PT, MS

Director of Pelvic Health Therapy South Birmingham, Alabama

#### PLANNING COMMITTEE

Thomas Davis, MD Conference Co-Chair

Harry J. Gould, III, MD, PhD

Casey Murphy, MD

R. Norman Harden, MD

Angie Papach

Lori H. Postal, RN, MHA

Randolph Roig, MD

Ann Quinlan-Colwell, PhD, APN Conference Co-Chair

Eric Royster, MD

Alethia Sellers, MD

Ashley Smeaton, MHA Barry Straus, MD

James Weisberg, PhD

