

# Southern Pain Society 33<sup>rd</sup> Annual Meeting

## Integrated Pain Care: New Perspectives

September 13-15, 2019



Astor Crowne Plaza Hotel  
New Orleans

Jointly provided by



**Integrated Pain Care:  
New Perspectives**  
September 13-15, 2019

This conference will address the complex landscape of acute and chronic pain treatment across the continuum of primary care, specialty care and allied health care, including education on pharmacological, non-pharmacological, interventional and rehabilitation based options.

The curriculum is intended for participants with fundamental as well as advanced knowledge of chronic pain. The focus of the meeting is on clinical topics such as responsible and ethical prescribing for pain patients, interventional pain treatment options and advances, identification of risk factors in the treatment of pain patients, psychopharmacology, use of pain psychology in pain care, and understanding the role of rehabilitation in pain treatment.

Louisiana Controlled Dangerous Substance Education (CDSCE): Three hours of content will provide education in the best practices for prescribing CDS, drug diversion training, appropriate treatment for addiction, and the treatment of chronic pain. This specific content has been approved by the Louisiana Board of Medicine, and will meet the one time, lifetime requirement for CDSCE education in that state.

### AUDIENCE

Physicians, nurse practitioners, psychologists and any other interested healthcare professionals.

### CONFERENCE OBJECTIVES

At the conclusion of this program, healthcare providers will be able to:

- Identify the current recommendations for the prescribing of controlled substances.
- Discuss how the psychology of pain management, opioid risk assessments and psychiatric diagnoses impact care.
- Practice the Medication-Assisted Treatment (MAT) model, combining the use of medications with counseling and behavioral therapies as an effective treatment for opioid use disorders.
- Describe integrated approaches to neuropathic pain using hormonal and functional restoration modalities.
- Explain current neurostimulation and interventional modalities including a review of spinal cord stimulation, dorsal root ganglion stimulation, and peripheral nerve stimulation.

### THE SOUTHERN PAIN SOCIETY

The Southern Pain Society (SPS) was established in 1986 as a regional section of the American Pain Society and endorses and supports the mission and goals of the American Pain Society. The Southern Pain Society's missions are to serve people with pain by advancing research and treatment and to increase the knowledge and skill of the regional professional community.

Visit [www.southernpainsociety.org](http://www.southernpainsociety.org) to join and take advantage of the discounted registration fee.

### POSTER PRESENTATIONS

Each year, we host a poster session where professionals and learners can showcase their research and projects. Posters can be clinically or research oriented. Please see the SPS website at [www.southernpainsociety.org](http://www.southernpainsociety.org) for details on submission.

## PROGRAM AGENDA

### FRIDAY, SEPTEMBER 13, 2019

- 1:00-1:15 **Welcome and Course Overview**
- 1:15-2:15 **Prescribing Controlled Substances and Preventing Diversion**  
Blake Fagan, MD
- 2:15-3:15 **Treating Pain Safely: Controlled Substances Education for Prescribers**  
Blake Fagan, MD
- 3:15-3:45 **Break**
- 3:45-4:45 **Treating Substance Use Disorders**  
Blake Fagan, MD
- 4:45-5:00 **Q & A Panel**
- 5:15-6:00 **Sponsored Reception TBD**

### SATURDAY, SEPTEMBER 14, 2019

- 7:00-7:45 **Sponsored Breakfast TBD**
- 8:00-8:10 **Welcome and Review of the Day**
- 8:10-8:50 **Pain Management at a Crossroads: How We Got There and Solutions for Providing Safe and Comprehensive Care**  
Steven P. Stanos, DO
- 8:50-9:30 **The Pain Psychology Imperative: Application of a National Model**  
Jennifer L. Murphy, PhD
- 9:30-9:45 **Q & A Panel**
- 9:45-10:15 **Break**
- 10:15-10:55 **New and Integrative Approaches in the Treatment of Neuropathic Pain in this Era of the Opioid Crisis**  
Miroslav Backanja, MD
- 10:55 - 11:35 **LSU AgCenter's Therapeutic Cannabis Program**  
Ashley W. Mullens, PhD
- 11:35 - 11:50 **Q & A Panel**
- 12:05-1:00 **Sponsored Lunch TBD**
- 1:15-1:55 **Interventional Pain Management**  
Eric Royster, MD
- 1:55-2:35 **New Concepts in the Treatment of Orthopedic Conditions: The Role of Platelet-Rich Plasma (PRP) and Stem Cell Therapies**  
Kenneth R. Mautner, MD
- 2:35 - 2:55 **Q & A Panel**
- 2:55-3:25 **Break**
- 3:25-4:05 **Functional Restoration: Applying a Biopsychosocial Model Across the Continuum of Care**  
Steven P. Stanos, DO
- 4:05-4:45 **Physical Therapy Modalities**  
Monique Serpas, PT, DPT
- 4:45- 5:00 **Q & A Panel**
- 5:00-5:30 **Business Meeting**
- 5:00-6:00 **Reception with Poster Presentations**

## PROGRAM FACULTY

### Miroslav Backanja, MD

Emeritus Professor University of Wisconsin  
Clinical Professor University of Washington  
Seattle, WA

### Daniel Doleys, PhD

The Doleys Clinic-Pain & Rehab Institute  
Researcher & Author of 100 articles & books  
Birmingham, AL

### Blake Fagan, MD

NC Clinical Consultant: Opioid Crisis: CDC Fdn  
Professor & Chief Education Officer  
UNC Health Sciences at MAHEC  
Asheville, NC

### Charles R. Figley, PhD

Chair & Professor: Tulane School of Social Work  
Director: Tulane Traumatology Institute  
Forensic Consultant to 5 State Attorney Generals  
New Orleans, LA

### Ken Mautner, MD

Associate Professor, Emory Sports Medicine  
Director, Primary Care Sports Medicine  
Team Physician, Atlanta Hawks & Braves  
Atlanta, GA

### Ashley W. Mullens, PhD

Coordinator, External & Governmental Affairs  
LSU Agricultural Center  
Baton Rouge, LA

### Jennifer L. Murphy, PhD

Supervisory Psychologist, Pain Section  
VA CBT for Chronic Pain Master Trainer  
University of South Florida College of Medicine  
Tampa, FL

### Mordecai Potash, MD

Immediate Past President SPS  
Psychiatry, PM&R, Pain Medicine  
LSU & Tulane University School of Medicine  
New Orleans, LA

### Eric Royster, MD

Founder & Director  
Integrated Pain & Neuroscience  
Spinal Cord Stimulation & Intrathecal Drug Delivery  
New Orleans, LA

### Monique Serpas, PT, DPT

Orthopedic Physical Therapy Specialist  
Southeast Louisiana Veterans Health Care System  
New Orleans, LA

### Steven P. Stanos, DO

Immediate Past President AAPM  
Medical Doctor  
Swedish Health System Pain Medicine & Services  
Seattle, WA

### Forest Tennant, MD, MPH, DrPH, FACPM

Editor Emeritus Practical Pain Management  
Former consultant to the DEA, FDA, NFL  
The Tennant Foundation  
West Covina, CA





## REGISTRATION & CANCELLATION FEES

### SUNDAY, SEPTEMBER 15, 2019

7:00- 7:45	<b>Sponsored Breakfast TBD</b>
8:00-8:10	<b>Welcome and Review of the Day</b>
8:10-8:50	<b>Pre-opioid Screening Prior to Treatment</b> Daniel Doleys, PhD
8:50-9:30	<b>Psychopharmacology in the Management of Pain</b> Mordecai Potash, MD
9:30-9:50	<b>Q &amp; A Panel</b>
9:50-10:10	<b>Break</b>
10:10 - 10:50	<b>Hormonal Care in Chronic Pain Patients</b> Forest Tennant, MD, MPH, DrPH, FACP
10:50 - 11:30	<b>Managing the Emotional Pain of the Work: Can We Increase Compassion Fatigue Resilience among Pain Patient Service Providers,</b> Charles R. Figley, PhD
11:30 - 11:50	<b>Q &amp; A Panel</b>
11:50-12:00	<b>Close out/evaluations</b>

## CREDITS

**Continuing Medical Education Credit (CME):** Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Mountain Area Health Education Center, the Southern Pain Society. The Mountain Area Health Education Center is accredited by the NCMS to provide continuing medical education for physicians.

**Credit Designation:** The Mountain Area Health Education Center designates this live educational activity for a maximum of 14.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Continuing Education Units (CEU):** The Mountain Area Health Education Center designates this continuing education activity as meeting the criteria for 1.5 CEUs as established by the National task force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

**Nursing Education Contact Hours (CNE):** The Mountain Area Health Education Center's Department of Nursing Education is an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program is approved for 14.5 CNE contact hours.

**Disclosure:** MAHEC adheres to the ANCC/ACCME Standards regarding industry support to continuing nursing education. Disclosure of presenters, planners, and commercial support relationships, if any, will be made known at the time of the activity.

Registration fee for the conference includes course materials, continental breakfasts, coffee breaks, lunch and a reception on Saturday and other amenities involved in creating a comfortable and rewarding learning experience. A maximum enrollment has been set, so early registration is highly recommended.

Written cancellations received by August 23, 2019 will receive a full refund. Cancellations received between two weeks and 72 hours prior to the program date will receive a 70% refund. No refunds will be given for cancellations received within 72 hours of the meeting, although substitutions will be permitted.

Have a question?

Lisa Roy

Lisa.Roy@mahec.net

828-257-4491



Special Services:  
828-771-4216

Registration Information:

828-257-4475

Fax Registration:

828-257-4768

**Online Registration:**

**www.mahec.net/sps**

Email:

registration@mahec.net

Mail: MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803

MAHEC respectfully requests that payment be made at time of registration. This facilitates easy and quick check-in at the conference.

### ADA Statement

If you need any of the auxiliary aids or services identified in the American with Disabilities Act in order to attend this course, Lisa Roy at 828-257-4491.

## LOCATION AND ACCOMMODATIONS

### Astor Crowne Plaza

739 Canal St. at Bourbon

877-270-1393

[www.astornenorleans.com/](http://www.astornenorleans.com/)

*A Four Diamond New Orleans Luxury Hotel, Radiating Elegance.* Situated amid one of the country's most exhilarating cities, Astor Crowne Plaza New Orleans features a wealth of lavish conveniences that make it a vacation destination of its own. Indulge in delicious Creole specialties and decadent desserts at Dickie Brennan's Bourbon House and Beyond, conveniently stationed within our ideally-located French Quarter hotel. You may also enjoy a relaxing dip in our sparkling swimming pool.

### Reservations

A limited block of rooms has been reserved at the Astor Crowne Plaza New Orleans for reservations received by August 19, 2019. If you wish to make reservations, please call 877-408-9661 and refer to the Southern Pain Society to receive the special rate of \$159 per night (+ state and local taxes). Room blocks fill quickly; we encourage you to make your reservations as soon as possible.

There is a convenient link to book your hotel room online at [southernpainsociety.org](http://southernpainsociety.org). Day Valet parking is available for \$20 per day.

### Southern Pain Society

[southernpainsociety.org](http://southernpainsociety.org) • [info@southernpainsociety.org](mailto:info@southernpainsociety.org) • 828-575-9275



## REGISTRATION FORM



**Integrated Pain Care:  
New Perspectives**  
September 13-15, 2019

Updated contact info

Name \_\_\_\_\_

Credentials \_\_\_\_\_

Social Security #      **XXX-XX-** \_\_\_\_\_ (last 4 digits required)

Specialty \_\_\_\_\_

E-mail Address \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home # \_\_\_\_\_ Work # \_\_\_\_\_

By registering, you are granting permission for portions of your contact information to be shared with SPS and conference vendors.

### EARLY REGISTRATION BY AUGUST 23, 2019

**\*A discounted rate is available for attendees from the same clinic/practice. Pay for 1 attendee, get the second one for 1/2 price. Call 828.257.4475 for details on how to register your group.**

#### Southern Pain Society Members

- \$360 Doctoral Level
- \$300 Non – Doctoral Level
- \$50 Student/Fellows/Residents

#### Non-Southern Pain Society Members

- \$385 Doctoral Level
- \$325 Non – Doctoral Level
- \$75 Student/Fellows/Residents

#### Late Registration after August 23<sup>rd</sup> will be an additional \$50

- Check is enclosed       Credit card info provided
- Visa       Mastercard       Discover Card       American Express

Account # \_\_\_\_\_

Exp \_\_\_\_ / \_\_\_\_ Code on back of card \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

Send completed registration form to:  
MAHEC Registration  
121 Hendersonville Rd., Asheville, NC 28803  
Fax to 828-257-4768

**Or register online at [www.mahec.net/sps](http://www.mahec.net/sps) or  
[www.southernpainsociety.org](http://www.southernpainsociety.org)**