

# Southern Pain Society

presents

## Pain Management: Are We Doing Anything Right?

September 30 - October 2, 2016



Photo courtesy of Alexey Sergeev asergeev.com

Astor Crowne Plaza  
New Orleans

Jointly provided by



Southern Pain Society presents  
**Pain Management:  
Are We Doing Anything Right?**

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Nearly every healthcare survey taken in the United States for the past 30 years has shown that pain management treatments are seldom taught in undergraduate and graduate medical education. In fact, improvements in pain management education for all providers is frequently cited as a key in improving safe and effective pain management in the United States. The 2016 Southern Pain Conference in New Orleans will examine the leading controversies in pain management affecting healthcare practitioners. Attendees will be provided with practical, exportable solutions that can be immediately implemented in daily pain practice.

### CONFERENCE AT-A-GLANCE

#### FRIDAY, SEPTEMBER 30, 2016

Registration Opens: 12:00 PM  
Program: 2:00 PM - 5:15 PM

#### SATURDAY, OCTOBER 1, 2016

Registration Opens: 6:00 AM  
Program: 8:00 AM - 6:00 PM

#### SUNDAY, OCTOBER 2, 2016

Registration Opens: 6:00 AM  
Program: 8:00 AM - 11:30 AM

### AUDIENCE

Physicians, physician assistants, nurse practitioners, pharmacists, psychologists and any other interested healthcare professionals

### CONFERENCE OBJECTIVES

At the conclusion of this program, providers/clinicians will be able to:

- Discuss the composition of interdisciplinary pain management programs at community-based hospitals, academic medical centers, and veteran's healthcare facilities.
- Discuss the development of medical marijuana programs in the Southern United States, focusing on Louisiana's program development as the conference will be held in that state
- Review the effectiveness and challenges using non-opiate based medications for the treatment of chronic pain
- Explore the prevalence of chronic pain and traumatic brain injury in collegiate and professional athletes
- Review pharmacological interactions that can lead to unusual drug poisonings in pain management



## FRIDAY, SEPTEMBER 30, 2016

- 2:00 PM - 2:10 PM Welcome / Conference Overview  
Mordecai Potash, MD *Program Chair*
- 2:10 PM - 3:25 PM Functional Restoration for Return to Work  
Geraldyn Datz, PhD; Virgil Wittmer, PhD; P. Lynn Bell, DO
- 3:25 PM - 3:45 PM Break
- 3:45 PM - 4:30 PM Malingered Pain Related Disability (MPRD)  
Kevin Bianchini, PhD
- 4:30 PM - 5:15 PM The CDC Opioid Guideline: Much Ado About Something (Important)  
Mordecai Potash, MD; Maged Hamza, MD

## SATURDAY, OCTOBER 1, 2016

- 7:00 AM - 7:45 AM Breakfast
- 8:00 AM - 8:10 AM Welcome / Agenda Overview  
Geraldyn Datz, PhD *President*
- 8:10 AM - 9:00 AM The Neurological Basis of Chronic Pain  
David A. Hanscom, MD
- 9:00 AM - 9:45 AM Non-opiates for Chronic Pain Management  
Harry J. Gould, III, MD, PhD
- 9:45 AM - 10:15 AM Break
- 10:15 AM - 11:00 AM Opioid Pharmacology: A Comprehensive Review  
Alan Kaye, MD
- 11:00 AM - 11:45 AM Treating Chronic Pain: A Whole Person Perspective  
David A. Hanscom, MD
- 12:00 PM - 1:00 PM Innovations in Interventional Therapies  
Sanford M. Silverman, MD
- 1:15 PM - 2:00 PM Update in Headache Management  
Michelle Brown, MD
- 2:00 PM - 2:45 PM Unusual Drug Poisonings in Pain Management  
James H. Diaz, MD, DrPH
- 2:45 PM - 3:15 PM Break
- 3:15 PM - 4:00 PM Implications of the CDC Opioid Guidelines:  
A View From a Seat at the Table  
Sanford M. Silverman, MD
- 4:00 PM - 4:45 PM Medical Marijuana Programs in the South  
Cecilia Mouton, MD; Mordecai Potash, MD
- 4:45 PM - 5:15 PM Business Meeting\*
- 5:00 PM - 6:00 PM Reception and Poster Presentations\*\*

## SUNDAY, OCTOBER 2, 2016

- 7:00 AM - 7:45 AM Breakfast
- 8:00 AM - 8:10 AM Welcome / Agenda Overview  
Harry J. Gould, III, MD, PhD
- 8:10 AM - 9:00 AM NFL Player Pain and Disability: Is a Super Bowl Ring Worth It?  
Greg Stewart, MD
- 9:00 AM - 9:45 AM Responding to Patient Aggression, Coercion and Violence in Pain Management  
Hans Hansen, MD
- 9:45 AM - 10:00 AM Break
- 10:00 AM - 10:45 AM The Impaired Provider  
Hans Hansen, MD
- 10:45 AM - 11:30 AM Recent Government Audits of Pain Physicians  
David Vaughn, JD

## FACULTY

- P. Lynn Bell, DO  
Hattiesburg Clinic | Hattiesburg, MS
- Kevin Bianchini, PhD  
Jefferson Neurobehavioral Group | Metairie, LA
- Michelle Brown, MD  
Unifour Anesthesia Associates, PA | Hickory, NC
- Geraldyn Datz, PhD  
Southern Behavioral Medicine Associates | Hattiesburg, MS
- James H. Diaz, MD, DrPH  
Louisiana State University School of Public Health | New Orleans, LA
- Harry J. Gould, III, MD, PhD  
Louisiana State University School of Medicine | New Orleans, LA
- Maged Hamza, MD  
Virginia Commonwealth University Spine Center | Richmond, VA
- David A. Hanscom, MD  
Comprehensive Spine Program at Swedish Neuroscience Institute | Seattle, WA
- Hans Hansen, MD, FIPP, ABIPP  
Pain Relief Centers | Conover, NC
- Alan David Kaye, MD, PhD  
Louisiana State University | New Orleans, LA
- Cecilia Mouton, MD  
Louisiana State Board of Medical Examiners | New Orleans, LA
- Mordecai Potash, MD  
Tulane University School of Medicine | New Orleans, LA
- Greg Stewart, MD  
Tulane Institute of Sports Medicine | New Orleans, LA
- Sanford M. Silverman, MD  
Comprehensive Pain Medicine | Pompano Beach, FL
- David Vaughn, JD  
Vaughn and Associates, LLC | Baton Rouge, LA
- Virgil T. Wittmer, PhD  
Brooks Rehabilitation | Jacksonville, FL

## PLANNING COMMITTEE

- Mordecai Potash, MD *Course Director*  
Tulane University School of Medicine | New Orleans, LA
- P. Lynn Bell, DO  
Hattiesburg Clinic | Hattiesburg, MS
- Geraldyn Datz, PhD  
Southern Behavioral Medicine Associates | Hattiesburg, MS
- Dina Gillespie  
Mountain Area Health Education Center, Inc. | Asheville, NC
- Harry J. Gould, III, MD, PhD  
Louisiana State University School of Medicine | New Orleans, LA
- Alan David Kaye, MD, PhD  
Louisiana State University School of Medicine | New Orleans, LA
- Lori H. Postal, RN, MHA  
Southern Pain Society | Asheville, NC
- Ann Quinlan-Colwell, APN, PhD  
New Hanover Regional Medical Center | Wilmington, NC

\* Credit not given for business meeting.

\*\* Up to an additional one hour of CME credit may be given for poster presentations.

## KEYNOTE SPEAKER

### DAVID A. HANSCOM, MD

Comprehensive Spine Program at  
Swedish Neuroscience Institute  
Seattle, Washington



Dr. David Hanscom is a board certified orthopedic surgeon specializing in the surgical correction of complex spine problems in the cervical, thoracic and lumbar spine. He treats spinal infections, tumors, trauma and spinal deformities such as kyphosis and scoliosis. Much of his practice is devoted to addressing problems created by multiple unsuccessful spine surgeries.

He received his medical degree from Loma Linda University in 1979. He began his residency in Internal Medicine in Spokane, WA from 1979-1981. His training in orthopedic surgery was at the University of Hawaii from 1981-1984. He did an orthopedic trauma fellowship at UC Davis in Sacramento, CA. His spinal deformity fellowship was completed in Minneapolis, MN at Twin Cities Scoliosis Center in 1986. He has been performing complex spinal surgery since 1986.

## THE SOUTHERN PAIN SOCIETY

The Southern Pain Society (SPS) was established in 1986 as a regional section of the American Pain Society and endorses and supports the mission and goals of the American Pain Society. The Southern Pain Society's missions are to serve people with pain by advancing research and treatment and to increase the knowledge and skill of the regional professional community.

Take advantage of the discounted registration rate by joining SPS before the meeting.

Visit [www.southernpainsociety.org](http://www.southernpainsociety.org) to join.

## POSTER PRESENTATIONS

This year, the Southern Pain Society is accepting abstracts and hosting a poster session where professionals and learners can showcase their research and projects. Accepted abstracts and posters presented at the meeting will be awarded complimentary registration to next year's symposium. Please see the SPS website at [www.southernpainsociety.org](http://www.southernpainsociety.org) for details on submission.

## CREDIT

### Continuing Medical Education (CME) Credit:

#### Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of the Mountain Area Health Education Center and the Southern Pain Society. The Mountain Area Health Education Center is accredited by the NCMS to provide continuing medical education for physicians.

#### Credit

MAHEC designates this live activity for a maximum of 13.50 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Continuing Education Units (CEU):

The Mountain Area Health Education Center designates this continuing education activity as meeting the criteria for 1.4 CEUs as established by the National Task force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

### APA Psychology Credit

Mountain Area Health Education Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Mountain Area Health Education Center maintains responsibility for this program and its content. This program will be offered for 13.5 hours CE.

## Disclosure

The Mountain Area Health Education Center adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the activity.

## REGISTRATION & CANCELLATION FEES

Registration fee for the conference includes course materials, continental breakfasts, coffee breaks, lunch and a reception on Saturday and other amenities involved in creating a comfortable and rewarding learning experience. A maximum enrollment has been set, so early registration is highly recommended.

Written cancellations received by September 16, 2016 will receive a full refund. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund. No refunds will be given for cancellations received less than 48 hours prior to September 30, 2016. Substitutions in writing will be accepted until September 23, 2016. All cancellations must be made in writing via fax, mail, or email.

Fax: 828-257-4768  
Email: [registration@mahec.net](mailto:registration@mahec.net)  
Mail: MAHEC Registration  
121 Hendersonville Rd., Asheville, NC 28803

MAHEC respectfully requests that payment be made at the time of registration. This facilitates easy and quick check-in at the conference.

## For More Information

Please contact Dina Gillespie at 828-771-4216 or [dina.gillespie@mahec.net](mailto:dina.gillespie@mahec.net). You may also visit MAHEC at [www.mahec.net](http://www.mahec.net)

## ADA Statement

If you need any of the auxiliary aids or services identified in the American with Disabilities Act in order to attend this course, Dina Gillespie at 828-771-4216.

## LOCATION AND ACCOMODATIONS

### Astor Crowne Plaza

739 Canal St. at Bourbon  
877-270-1393  
[www.astorneworleans.com/](http://www.astorneworleans.com/)

#### *A Four Diamond New Orleans Luxury Hotel, Radiating Elegance*

Situated amid one of the country's most exhilarating cities, Astor Crowne Plaza New Orleans features a wealth of lavish conveniences that make it a vacation destination of its own. Indulge in delicious Creole specialties and decadent desserts at Dickie Brennan's Bourbon House and Beyond, conveniently stationed within our ideally-located French Quarter hotel. You may also enjoy a relaxing dip in our sparkling swimming pool.

## Reservations

A limited block of rooms has been reserved at Astor Crowne Plaza New Orleans for reservations received by September 9, 2016. If you wish to make reservations, please call 877-408-9661 and refer to the Southern Pain Society to receive the special rate of \$199 per night (+ state and local taxes). Room blocks fill quickly; we encourage you to make your reservations as soon as possible.

Southern Pain Society has a convenient link to book your hotel room online. [southernpainsociety.org](http://southernpainsociety.org)


Valet parking is available for a fee. Self parking is offsite and not managed by the hotel.

### Have a question?

Dina Gillespie  
[dina.gillespie@mahec.net](mailto:dina.gillespie@mahec.net) 828-771-4216

**Registration Information:** 828-257-4475  
Fax Registration: 828-257-4768  
**Online Registration:** [www.mahec.net](http://www.mahec.net)  
Email: [registration@mahec.net](mailto:registration@mahec.net)  
Mail: MAHEC Registration  
121 Hendersonville Rd., Asheville, NC 28803

Southern Pain Society 828-575-9275  
[southernpainsociety.org](http://southernpainsociety.org)  
[info@southernpainsociety.org](mailto:info@southernpainsociety.org)

 Special Services:  
828-771-4216



**Southern Pain Society Annual Meeting**

*Pain Management: Are We Doing Anything Right?*

**September 30 - October 2, 2016**

Updated contact info

Name \_\_\_\_\_

Credentials \_\_\_\_\_

Social Security # **XXX-XX-** \_\_\_\_\_ (last 4 digits required)

Occupation \_\_\_\_\_

E-mail Address \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home County \_\_\_\_\_

Home # \_\_\_\_\_ Work # \_\_\_\_\_

Employer \_\_\_\_\_

Department \_\_\_\_\_

Employer's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Work County \_\_\_\_\_

Portions of your registration information may be shared with Southern Pain Society.

Please remove my name from the MAHEC mailing list.

**EARLY REGISTRATION:**

**Southern Pain Society Members**

- \$360 Doctoral Level
- \$300 Non – Doctoral Level
- \$50 Student/Fellows/Residents

**Non-Southern Pain Society Members**

- \$385 Doctoral Level
- \$325 Non – Doctoral Level
- \$75 Student/Fellows/Residents

**Registrations due by September 9, 2016; after that date an additional \$50.00 will be charged.**

- Check is enclosed       Credit card info provided
- Visa       Mastercard       Discover Card       American Express

Account # \_\_\_\_\_

Exp \_\_\_\_\_ / \_\_\_\_\_ Code on back of card \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

Send completed registration form to:  
 MAHEC Registration  
 121 Hendersonville Rd., Asheville, NC 28803  
 Fax to 828-257-4768

**Or register online at [www.mahec.net](http://www.mahec.net)**

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